



Sample Dinner Menu

“Lite Meal” ½ Credit

Soup Cup, Side Salad or Chicken Salad, Fruit Cup, Dinner Roll

Appetizers ¼ Credit

Bacon Wrapped Dates

Goat Cheese Stuffed, BBQ Sauce

Heirloom Tomato Bruschetta

Toasted Brioche Crostini, Heirloom Tomato Caper Relish, Mascarpone Cheese Spread, Balsamic Glaze

Flat Bread

Grilled Chicken, Garlic Cheese Sauce, Caramelized Onions, Wild Rocket Arugula
Fresh Parmigiano Reggiano

Soup & Salads

La Posada Signature Chicken Noodle
Soup De Jour *Please ask your Server
Soup Cup or Bowl/ Caesar and Garden Side Salads Available

Maryland Crab Cakes

Remoulade Sauce, Pepper Drops, Yellow Frisee, Grilled Lemons, Micro Lettuce

Winter Pear Salad

Butternut Squash, Kale Crunch, Yellow Frisee, Radishes, Candied Pecans, Warm Maple Bacon Vinaigrette
Choice of shrimp, grilled chicken, or salmon.

Posada Caesar Salad

Baby gem lettuce, roasted tomatoes, shaved parmesan, crispy croutons, creamy Caesar dressing.
Choice of shrimp, grilled chicken, or salmon.

Wedge Salad

Baby Iceberg Lettuce, Bacon, Red onions, Heirloom Tomato, Blue Cheese Crumbles, Blue Cheese Dressing
Choice of shrimp, grilled chicken, or salmon.

Sides-Quinoa Salad- Chef’s Vegetables- Sautéed Spinach-Grilled Asparagus, Mediterranean Orzo Pasta
Steamed Peas, Fruit Salad-Dinner Roll

PLEASE BE ADVISED THAT CONSUMING RARE OR UNDER COOKED MEATS, POULTRY, SEAFOOD,
SHELLFISH, OR EGGS, MAY INCREASE YOUR RISK OF FOOD BORN ILLNESS, ESPECIALLY IF YOU HAVE
CERTAIN MEDICAL CONDITIONS



Sample Dinner Menu

Signature Entrée's

Shrimp or Chicken Alfredo

Alfredo Sauce, Gluten Free Penne Pasta, Steamed Broccoli, Fresh Parmigiano

Desert Salmon

Baked Salmon Apricot Glaze, Quinoa brown rice pilaf, Chef Vegetables, Power Slaw Blend, Lemon Olive Oil

Seared Scallops

Sweet Potato Puree, Haricot Verts, Pancetta, Guajillo Glaze

Chicken Pot Pie

Grilled Chicken Breast, Mushrooms, Carrots, Celery, Peas, Puff Pastry Shell, Creamy Gravy

Steakhouse Selection

Ridge Burger

Arugula, Mushrooms, Bacon, Moody Blue Cheese, Steak Sauce, Brioche Bread, French Fries
Gluten-free bread available

Lamb Rack

Eggplant Puree, Roasted Root Vegetables, Mint Bordelaise (1.5 Credit)

Pork Chop

Sweet Potato Mash, Haricot Verts, Mushroom Demi

NY Strip Steak

Grilled Strip Steak, Baked Potato, Steamed Broccoli

5oz Filet Mignon Oscar

Grilled Beef Filet, Lump Crab, Asparagus, Mashed Potatoes, Bearnaise Sauce (1.5 Credit)

Vegetarian Option

Portabella Margherita

Marinated Portabella Mushroom, Sun Dried Tomatoes, Fresh Mozzarella, Quinoa Brown Rice Pilaf
Chef Vegetables, Balsamic Glaze **Vegan Option: No Cheese**

Always Available Items

Hot dog- Cheeseburger- Baked or Grilled Chicken Breast- Grilled Chicken Sandwich-Baked Salmon-Cheese
Omelet- Beyond Burgers- Tofu, Turkey Burger- Vegan chicken- Vegan Cheese- Grilled Cheese-Pepperoni
Pizza, Supreme or Meat Lovers Pizza

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Sample Lunch Menu

"Breakfast Anytime"

All American Breakfast

Any Style Eggs, Choice of Bacon or Sausage, Home Potatoes, Toast

Appetizers ¼ Credit

Bacon Wrapped Dates

Goat Cheese Stuffed, BBQ Sauce

Heirloom Tomato Bruschetta

Toasted Brioche Crostini, Heirloom Tomato Caper Relish, Mascarpone Cheese Spread, Balsamic Glaze

Flat Bread

Grilled Chicken, Garlic Cheese Sauce, Caramelized Onions, Wild Rocket Arugula
Fresh Parmigiano Reggiano

Soup & Salads

La Posada Signature Chicken Noodle
Soup De Jour *Please ask your Server
Soup Cup or Bowl/ Caesar and Garden Side Salads Available

Maryland Crab Cakes

Remoulade Sauce, Pepper Drops, Yellow Frisee, Grilled Lemons, Micro Lettuce

Winter Pear Salad

Butternut Squash, Kale Crunch, Yellow Frisee, Radishes, Candied Pecans, Warm Maple Bacon Vinaigrette
Choice of shrimp, grilled chicken, or salmon.

Posada Caesar Salad

Baby gem lettuce, roasted tomatoes, shaved parmesan, crispy croutons, creamy Caesar dressing.
Choice of shrimp, grilled chicken, or salmon.

Chicken Lettuce Wraps

Sweet Soy Chicken, Garlic, Mushrooms, Ginger, Water chestnut, Green Onions, Romaine Hearts

"Lite Meal" ½ Credit

Soup Cup, Side Salad or Chicken Salad, Fruit Cup, Dinner Roll

Sides-Quinoa Salad- Chef's Vegetables- Sauteed Spinach-Grilled Asparagus, Mediterranean Orzo Pasta
Steamed Peas, Fruit Salad-Dinner Roll

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Sample Lunch Menu

Burgers & Sandwiches

Ridge Burger

Arugula, Mushrooms, Bacon, Moody Blue Cheese, Steak Sauce, Brioche Bread. Gluten-free bread available.

Rueben Sandwich

Marble Rye Bread, Corned Beef, Sauerkraut, Swiss Cheese, Thousand Island Dressing

La Posada BLT

Sourdough Bread, Bacon, Lettuce, Tomato, Mayonnaise

Chicken Salad Croissant

Fresh Baked Croissant, lettuce, Tomato, Fruit Cup

**All sandwiches are served with Pickles and your choice of: French Fries- Onion Rings-
Coleslaw Sweet Fries- Vegetable de Jour- Potato Salad- House Chips**

Lite Entrée's

Salmon Bowl

Roasted Salmon Bites, Quinoa Brown Rice Pilaf, Shredded Carrots, Cucumber, Edamame Beans, Yum Yum Sauce

Shrimp or Chicken Alfredo

Alfredo Sauce, Gluten Free Penne Pasta, Steamed Broccoli, Fresh Parmigiano

Desert Salmon

Baked Salmon Apricot Glaze, Quinoa brown rice pilaf, Chef Vegetables, Power Slaw Blend, Lemon Olive Oil

NY Strip Steak

Grilled Strip Steak, French Fries, Steamed Broccoli

Vegetarian Option

Portabella Margherita

Marinated Portabella Mushroom, Sun Dried Tomatoes, Fresh Mozzarella, Quinoa Brown Rice Pilaf
Chef Vegetables, Balsamic Glaze **Vegan Option: No Cheese**

Always Available Items

Hot dog- Cheeseburger- Baked or Grilled Chicken Breast- Grilled Chicken Sandwich-Baked Salmon-Cheese
Omelet- Beyond Burgers- Tofu, Turkey Burger- Vegan chicken- Vegan Cheese- Grilled Cheese-Pepperoni
Pizza, Supreme or Meat Lovers Pizza

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